## PSALMS: HEART CHECK-UP



Psalm 40

A right heart will wait on God.

- <sup>1</sup>I waited patiently for the LORD; he turned to me and heard my cry.
- <sup>2</sup> He lifted me out of the slimy pit, out of the mud and mire;
- he set my feet on a rock and gave me a firm place to stand.

<sup>3</sup> He put a new song in my mouth, a hymn of praise to our God.

Many will see and fear the LORD and put their trust in him.

<sup>4</sup> Blessed is the one
who trusts in the LORD,
who does not look to the proud,
to those who turn aside to false gods.

Many, LORD my God,
are the wonders you have done,
the things you planned for us.
None can compare with you;
were I to speak and tell of your deeds,

they would be too many to declare.

- <sup>6</sup> Sacrifice and offering you did not desire but my ears you have opened burnt offerings and sin offerings you did not require.
- <sup>7</sup> Then I said, "Here I am, I have come it is written about me in the scroll.

- <sup>8</sup>I desire to do your will, my God; your law is within my heart."
- <sup>9</sup> I proclaim your saving acts in the great assembly;
  - I do not seal my lips, LORD, as you know.

### <u>Psalm 40</u>

<sup>10</sup> I do not hide your righteousness in my heart;

I speak of your faithfulness and your saving help.

I do not conceal your love and your faithfulness

from the great assembly.

<sup>11</sup> Do not withhold your mercy from me, LORD;

may your love and faithfulness always protect me.

<sup>12</sup> For troubles without number surround me;

my sins have overtaken me, and I cannot see.

They are more than the hairs of my head, and my heart fails within me.

- <sup>13</sup> Be pleased to save me, LORD; come quickly, LORD, to help me.
- <sup>14</sup> May all who want to take my life be put to shame and confusion;
- may all who desire my ruin
  - be turned back in disgrace.

- <sup>15</sup> May those who say to me, "Aha! Aha!" be appalled at their own shame.
- <sup>16</sup> But may all who seek you rejoice and be glad in you;
- may those who long for your saving help always say,
  - "The LORD is great!"

<sup>17</sup> But as for me, I am poor and needy; may the Lord think of me.

You are my help and my deliverer; you are my God, do not delay.

### A heart that waits on God will/be...

1. ...Loyal (vv. 1-5)

### Proverbs 26:11

As a dog returns to its vomit, so fools repeat their folly.

#### 1 Sam. 8:7-8

<sup>7</sup> "...Listen to all that the people are saying to you; it is not you they have rejected, but they have rejected me as their king. <sup>8</sup> As they have done from the day I brought them up out of Egypt until this day, forsaking me and serving other gods, so they are doing to you."



### 2. ...Obedient (vv. 6-8)



### 1 Sam. 10:8

Go down ahead of me to Gilgal. I will surely come down to you to sacrifice burnt offerings and fellowship offerings, but you must wait seven days until I come to you and tell you what you are to do.



### 1 Samuel 15:22-23

<sup>22</sup> "Does the LORD delight in burnt offerings and sacrifices

as much as in obeying the LORD?

To obey is better than sacrifice, and to heed is better than the fat of rams.

### 1 Samuel 15:22-23

For rebellion is like the sin of divination,
and arrogance like the evil of idolatry.
Because you have rejected the word of the LORD,

he has rejected you as king."

### 3. ...Proclaim (vv. 9-10)



4. ... 'Poor' (vv. 11-13, 17)



### Matt. 5:3

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

### **Matt. 5:3 (NLT)**

God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs.

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